



# printer'spress

Timely information and a good mix of fun from your friends at **NGP**

October 2008

## Don't Leave Home Without Them

The contacts list in your cell phone may include some of the most important people in your life. But here are some crucial numbers you may have overlooked:

• **Local Fire and Police**

**Departments** — For the situations where a call to 911 is unnecessary, but you still need some assistance.

• **ICE (In Case of Emergency)** —

A campaign was started a few years ago by a paramedic to encourage all cell-phone users to list their emergency contacts under ICE in the contacts list. More information about ICE can be found online.

• **Water and Power Departments**

— This will save you the hassle of looking up their numbers if you have an emergency.

• **Pediatrician, and Poison Control**

— An accident involving a child can be very scary. Having these numbers available will help bring order to a stressful situation.

• **Car Insurance Carrier/Agent** —

This is one of the first phone calls to make when you are in an accident. They will tell you what information to write down and if you need the police.

• **Taxi Company Dispatch** —

When you are stuck on the side of the road and need to get somewhere quickly, this is a handy number to have available.

• **Tow Truck Company** —

Best to choose one that is willing to drive long distances, in case you find yourself far from your destination.

• **Coworker or Boss** —

Don't go through the switchboard; put direct lines into your contacts list.

• **Your Next door Neighbor** —

When you're out of town, your neighbor can be a source of help and information when it comes to your home.

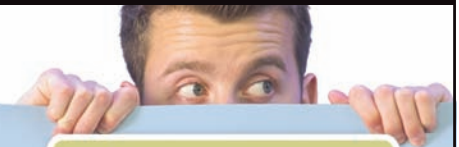
• **Your Favorite Take-out Food**

— You never know when you might get hungry.

## wise words

*"If you can't return a favor, pass it on."*

— Louise Brown



There's nothing to be afraid of.

Printing doesn't have to be scary. Sure, there are a lot of different aspects to consider, such as paper weight, ink color, finished size, folding options, and bindery techniques, but don't let all those choices scare you.

The skilled staff at NGP ... Printing Professionals can confidently guide you through all these decisions and help you create a printed piece you can be proud of. Stop in today!



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## can you guess the year?

- Michael Jackson performs the "moonwalk" in public for the first time.
- The U.S. Embassy in Beirut is bombed, killing 241 people.
- Stern magazine publishes the "Hitler Diaries" (later found to be forgeries).
- The Washington Redskins defeat the Miami Dolphins 27-17 in Super Bowl XVII at the Rose Bowl in Pasadena, California.
- Sally Ride becomes the first American woman in space, on the space shuttle Challenger.
- Vanessa Williams becomes the first African-American to be crowned Miss America.
- Diana Ross stages a free concert in New York's Central Park in front of 800,000 people.

**Also in that year:**

Microsoft Word is first released; a riot breaks out at Sing Sing prison, New York; and Tom Brokaw becomes lead anchor for "NBC Nightly News."

*Answer on page 4*



## Circus World, Baraboo, Wisconsin

A century ago, Wisconsin was the home or winter quarters of more than 100 traveling tent shows. The most famous of these was the Ringling Bros. Circus, which was founded in Baraboo in 1884. Ringlingville was built along Water Street in Baraboo to house the animals during the winter months when the circus wasn't traveling. Although the circus left town permanently in 1918, when it

***"... Circus World will bring out the kid in every visitor."***

merged with the Barnum & Bailey Show, the buildings in Ringlingville remained.

In 1940, John M. Kelley, the Ringlings' personal attorney, envisioned a museum that would preserve the circus artifacts and make them available to be viewed by the public.

And so, on July 1, 1959, Circus World Museum opened, serving as both an educational and historical facility. Since its opening, the museum has been owned by the Wisconsin Historical Society.

The museum offers an array of circus-related activities, performances, and exhibits for people of all ages. More than two-thirds of all known circus wagons in the world are housed at Circus World. Over 9,500 multicolored circus posters, a large collection of photographs, costumes, circus artifacts, handbills, and programs are also on display in the Circus Museum.

In addition to the historical aspect of Circus World, there is a great deal of fun to be had. Daily elephant, camel, and pony rides are available, as are actual live circus performances. Visitors will feel like they have been a part of the circus for the day.

A trip to Circus World will bring out the kid in every visitor.

## health



## Teach Your Nose to Just Say "No"

With so many products out there that promise nasal allergy relief, it can be difficult to select the one that will help you breathe easier. If you often choose a nasal spray to relieve your discomfort, there are a few things you should know about rebound nasal congestion.

This condition, which actually makes your nasal symptoms worse, is caused by an overuse of nasal sprays. Over-the-counter nasal sprays should only be used for a few days to provide temporary relief. They are not a long-term solution to sinus congestion.

Nasal sprays tell the blood vessels in your nose to contract, which slows the blood flow to the lining of the nose, causes the tissue to become less congested, and slows down mucous production. Unfortunately, after several days of repeated use, you will most likely find that you need more of the spray, more often, to achieve the same results. Your nose becomes dependent on the medicine to feel "normal," and your congestion will get worse quickly once the medicine starts to wear off.

The best way to treat nasal allergy symptoms is to speak with your doctor or an allergy specialist. They can help you find the treatment that is right for you.

## terrific trivia

1. In what election year would you see bumper stickers that said: "Wallace, Wallace, Uber Alles"?
2. What is the most widely eaten fish in the world?
3. What is raised at a ranarium?
4. Who holds the career record for stealing home plate?



1. 1968
2. The herring
3. Frogs
4. Ty Cobb with 54 steals

## checklist

### Winter Is Coming

- Rake leaves
- Prune bushes and trees
- Drain hoses and sprayers
- Winterize mower and sharpen blade
- Clean and repair hand tools



### Gutenberg's Army ©



## a cause for celebration

- The Apple Scrapple Festival is held October 10-11 in Bridgeville, Delaware. The festival celebrates the agriculture of the area, and scrapple, a regional dish made from pork scraps.
- Norsk Høstfest in Minot, North Dakota is North America's largest Scandinavian festival. Running from September 30 - October 5, the festival offers Nordic cuisine, crafts, and dancing. It celebrates the great Scandinavian heritage of the upper-Midwest.

## in an average lifetime



### The Average American...

- Eats 11,113 M&Ms.
- Buys 31 pairs of sunglasses.
- Throws out 5,480 disposable diapers.
- Gets 664 haircuts.
- Receives 49,060 pieces of mail.

## The Man behind "Peanuts"

"Someday, Charles, you're going to be an artist." Never could Charles M. Schulz's kindergarten teacher imagine the truth of her words. From a very young age, Charles, known to his family and friends as Sparky, loved comics. He and his father shared a Sunday-morning ritual of reading the comics together.

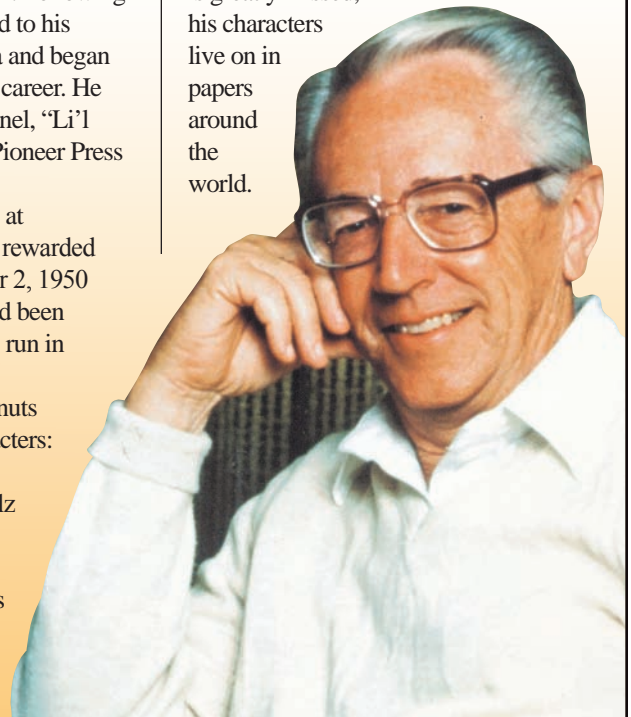
Eager to begin a career as an artist, Schulz instead found himself in the army during WWII. Following his discharge, he returned to his home state of Minnesota and began to pursue his cartooning career. He drew a weekly comic panel, "Li'l Folks," for the St. Paul Pioneer Press from 1947-1950.

After several attempts at syndication, Schulz was rewarded for his efforts on October 2, 1950 when his strip, which had been renamed "Peanuts," was run in seven different papers.

The initial cast of Peanuts included only four characters: Charlie Brown, Sherm, Patty, and Snoopy. Schulz shared many painful childhood experiences through Charlie Brown's character, quickly setting him apart as

the lead character. Numerous others were added through the years to create the Peanuts gang we all love.

Schulz was forced into "early retirement" at the age of 77 by a number of health issues. His final original weekday Peanuts strip was published on January 3, 2000; original Sunday strips continued until February 12, which, coincidentally, was the day after Schulz passed away. Although he is greatly missed, his characters live on in papers around the world.





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## recipe



Oprah Winfrey was born January 29, 1954 in Kosciusko, Mississippi to unmarried teenage parents. She had a difficult childhood, but was a very bright and likeable girl. While still in high school she was hired by a local radio station to do the news part-time. Her career took off from there. She is now one of the most recognizable people in the country, if not the world. Oprah has her hands in many different arenas, including television, radio, magazines, and philanthropy.

## Crustless Spinach Quiche

*1 tablespoon vegetable oil  
1 onion, chopped  
1 (10 ounce) package frozen chopped spinach,  
thawed and drained  
5 eggs, beaten  
3 cups shredded Muenster cheese  
1/4 teaspoon salt  
1/8 teaspoon ground black pepper*

Preheat oven to 350°F. Lightly grease a 9-inch pie pan. Heat oil in a large skillet over medium-high heat. Add onions and cook, stirring occasionally, until soft. Stir in spinach and continue cooking until excess moisture has evaporated. In a large bowl, combine eggs, cheese, salt and pepper. Add spinach mixture and stir to blend. Scoop into prepared pie pan. Bake in preheated oven until eggs have set, about 30 minutes. Let cool for 10 minutes before serving.



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*The year was 1983.*